

GROHMAN GOLF GAZETTE

JUNIOR GOLFER EDITION

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A salute to outgoing SCPGA Director of Jr. Golf, Kevin Ostroske

OSTROSKE MOVES ON

Kevin Ostroske, the SCPGA Foundation Director of Junior Golf called it quits on July 19th after 8 great years of leading the SCPGA Junior Golf program. With a wife and new baby, Kevin

Germany

is moving to Germany after his family got an offer they couldn't refuse. I've worked closely with Kevin over the years and I can't say enough about the fantastic job he's done for the SCPGA or what a fine person he is. Kevin always showed concern and compassion for his "kids" and they all love him. The SCPGA sincerely now

A great one

has lost a great one and has some huge shoes to fill. Great job Kevin, thank you for 8 awesome years of leadership and best of luck in Germany! Like the banner says, "We'll miss you!" (A bittersweet ending -Kevin was the man in So cal Jr. Golf-the best

JUNIOR BLIND CLINIC

UPI- On August 10th juniors from the L.A. Foundation for the Junior Blind were in South Central at Chester L. Washington Golf Course in Hawthorne for the second annual golf clinic PGA Pro Joe Grohman hosts for them. Inspired by a trip the SCPGA took to the Foundation last year, Grohman decided then to host an annual clinic for Foundation Juniors. "A 12 year old girl asked what color the ball she was holding was. I said red and asked if she was once sighted. She said no, she just wanted to know what color it was because she had only recently understood the concept of color. As a father of 4 I had to hold back my tears. We take sight for granted every waking moment and these kids have never experienced it. Before I left that day I had a date set for the first clinic and a promise to do it every year," said Grohman. Like

last year, Grohman had juniors from some of the inner-city golf programs he works with on hand to act as guides and cheering supporters of the blind students. Part of Grohman's junior program instruction is sharing life lessons learned from Earl and Tiger Woods during 7 years on Team Tiger while a Pro at Tigers home course in Cypress. "Since it's from them and Tiger is so successful, I feel it's my duty to share what I learned with young people so they have the opportunity to follow Tiger's example and the Team Tiger blueprint. Today the kids will experience first hand giving back, helping others, being part of something positive and caring about those less fortunate. Also no matter how bad things may seem it could be worse, appreciate what you do have and offer what you can. These are significant life lessons Tiger follows that this type of clinic teaches to everyone involved in no uncertain terms. An event like this is absolutely priceless in many ways," said Grohman. He also added that he wanted his junior golfers to learn how a little kindness goes a long way and just how important that can be. And how easy it is to be a "smile-maker" and brighten someone's day while feeling good about yourself in the process. Representing were juniors, golf instructors and officials from several different area Junior Golf Programs. LA Youth Opportunity Movement-Watts Jr.

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Golf, Sportsman's Jr. Golf, LA Jr. Golf College Prep Tour, LA County Jr. Golf, SCPGA Jr. Golf, Urban Youth, Western States, the PGA, LPGA and of course Young Golfers of America Association, (from Grohman's Kids on Course at Whittier Narrows which won course of the year, the YGAA added the junior program "best in Nation" award from the USGA and NGCOA for 2001) Grohman expressed special thanks to Bill and Fred Ensley from Sportsman's Jr. Golf and LA County Jr. Golf Director Mike McMonegal who were each in charge of one of the 3 groups of 10 blind students plus guides as Head Instructor. They did an outstanding job with their groups and everyone had a great time thanks in part to the efforts of these 3 men. There were 3 stations set up, range, putting and snag golf and a group of 10 students at each station. (Snag golf utilizes oversize plastic clubs and tennis ball type balls) Groups rotated every 20 minutes and in one short hour lives had been touched. "I didn't know it would be like this. I'm really glad I came, this is awesome!" Said former Junior World Champion Ed Turner who was there assisting with the instruction. "This is so much fun!" laughed Chelsea, a 16 year old girl totally blind since birth. LA County Jr. Golf Director Mike McMonegal had this to say about the event, "Incredible! I hope we do many more!" Montely Wilson the LA

Youth Opportunity Movement Administrative Coordinator and Junior Golf Program Director also responsible for bringing the Watts Jr. Golfers said the event was "Fantastic!" Grohman couldn't agree more. "It was great to see so many organizations join together for this worthwhile event! You never forget something like this." After the clinic Grohman thanked everyone involved, including Publinx and the YGAA for sponsoring lunch and the army of volunteers involved. Also Foundation Camp Director Frank Cardenas who is the man responsible for the event on the Foundation side. He thanked Grohman and the other instructors and volunteers then surprised everyone with an uplifting and raucous Camp Bloomfield cheer his juniors gave that had everyone smiling, laughing and feeling happy! Grohman closed the inspiring event by reading a note to the juniors from his friend and avid golfer L.A. County Sheriff Lee Baca. Which reads as follows;

Greetings Junior Golfers;

I'm certain that all of you had a great time today at Chester Washington Golf Course. It's so nice to hear of today's junior golf clinic where young people from all walks of life join together to share and enjoy this wonderful game called golf. A game that is just as much fun to help others experience as it is to play.

I'm very proud of all of you for the effort you certainly displayed today. Its young people like you, involved in events like today's golf clinic that are an inspiration to all of Southern California. Take pride in this achievement and the memories that you forged today.

I wish the best for each and every one of you and continued success in golf and in life. Los Angeles joins me in saluting you. Congratulations to all of you. Great job today kids!

God bless,
Sheriff Lee Baca

"The letter was the perfect way to end the clinic. I just had to share how well it went with someone so I called Earl Woods on the way home to tell him about it. He was happy to hear of our success yet again. Hopefully he will be able to join us next year. Later on, 1999 US Amateur Champion and good friend James Oh called to hear how it went. (He couldn't make it this year) He was also happy to hear about how well it went this year and looks forward to hopefully joining us next year! Thank you LA Foundation for the Junior Blind for letting us do something nice for your juniors that everyone can be a part of, be inspired by, learn from and enjoy!"- Joe Grohman

**THANK YOU SHERIFF BACA,
PUBLINX, YGAA AND EVERYONE
WHO HELPED WITH THE
Jr. BLIND CLINIC!**

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INSIDE

TEAM TIGER

“Yes with practice swings in the bunker.” Tiger Woods in 1991 when I responded to his advice on how to stop taking so much sand with my bunker shots with “in the bunker?” He had just told me to take practice swings in the bunker

The swing I wanted

until I found the swing I wanted. Of course we were in a practice bunker at the time. Not on the course! You play when on the course, you practice when off.

5 Minutes

In about 5 minutes of taking practice swings in the bunker I was able to take the amount of sand I wanted then hit the bunker shot that I couldn't in 20 previous years of playing golf. If you've never been any good out of the bunker, ask yourself if you've ever taken practice swings in a bunker, sand and all but no ball. I already know the answer

Salvation

but rest assured salvation lies but 5 minutes away! Try it yourself and learn why Pro's consider bunker shots a piece of cake. Just remember to rake the trap when you're done. Bon appetite!

LOCAL NEWS

GARDENA IN THE PARK

1992 U.S. Senior Amateur Champion Alton Duhon and myself have joined forces again in the L.A. Junior Golf College Prep Tour program. Started by Ruby Walker and Mr. Duhon, this

program focuses on college scholarships through golf as a vehicle for going to college. This summer we've begun one program with the city of Gardena where we introduce mostly younger juniors to golf with a one-hour introductory class given at

Various parks

various parks throughout the city every Monday during summer. It has been a smash hit and I certainly have a new found respect for the often over looked whiffle ball. (The subject of a future Pro's Corner article.) And one thing always remains constant; if

If people knew

people knew how much fun working with junior golfers is, everybody would be doing it! Way to go City of Gardena!

WATTS HAPPENING

Not even two months old and the Watts junior golfers from the LA Youth Opportunity Movement program are already on the golf course! Taught through Sportsman's Junior Golf Association by Bill and Fred Ensley and myself, it's really been great to see teenagers having so much fun with golf. (Tiger has definitely made golf cool!) And it

Amazing

never ceases to amaze me how fast young people improve in this game! (The ones that practice that is!) Montely Wilson, the Youth Opportunity Administrative Coordinator who put the golf program together for the kids, and

the LA Youth Opportunity Movement in Watts have done an outstanding

Montely is the Man!

Job! Way to go Monty, LA's "YO!" the City of Watts and especially you junior golfers for doing so great!

YGAA TO HOST NATIONAL JUNIOR TOURNAMENT

Young Golfers of America Association has been chosen to host the "Teens on the Greens" west coast event. It will be held this October at Industry Hills G.C. Now called Pacific Palms Golf Course. It's the only

Nationally ranked

Nationally ranked minority junior golf tournament in the west this year. (I'll be handling the rules officiating for the tournament and am looking for 6 experienced rules officials for the event, call me if interested) This is one of only a handful of nationally ranked junior golf tournaments held in Southern California and is definitely a feather in the cap for all inner-city and minority geared junior golf programs in Southern California. Way to go YGAA!

MIKE McMONEGAL

HEADS L.A. COUNTY

JUNIOR GOLF PROGRAM

My friend and former Lakewood Golf Professional Mike McMonegal is now the Director of the L.A. County Junior Golf Program. The County definitely

The right man

has the right man heading that program. I met Mike years ago

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and not only is he great with juniors but he's great with everyone. Mike is one of those

Everybody likes Mike people that everybody likes and was an icon for years at Lakewood Country Club. This summer he's been running a

Free weeklong jr. golf camps series of free weeklong junior golf camps at County courses. I stopped by when the camp was held at Victoria G.C. and as expected, Mike has put together an excellent program and the kids were really enjoying themselves. Summer will probably be over by the time this newsletter gets out but next summer Mike plans on doubling the number of free golf camps he offers!

For more info

For more information on what the L.A. County junior golf program offers, call Mike McMonegal at 626.445.7237.

VANESSA BROCKETT 15, WINS L.A. WOMEN'S CITY CHAMPIONSHIP

YGAA Junior Golf phenom Vanessa Brockett recently won the L.A. Women's City Golf Championship at Griffith Park Golf Course. I first met Vanessa at last year's junior blind clinic when she volunteered as a YGAA guide for the blind students. At Valencia she was in the YGAA group I was with that played with senior tour star Jim Dent.

Remember the name

Remember the name folks because this girl has a beautiful swing and rock solid game. Not

to mention an excellent, easy-going attitude, gives back by helping others and has a big tournament victory under her belt. Definitely tour caliber already and she's only 15! But golf or no golf, this young

Already a Winner

Lady is already a winner in my book, a real good kid. (She reminds me a lot of what Tiger was like as a person at her age.) Congratulations Vanessa, thanks for all your help and best of luck and continued success with your promising golf career!

HOWTOGOLF.COM

I plan on re-launching my website howtogolf.com on October 1st to coincide with the re-release of the golf instruction book I wrote at Tiger's house with Tiger and Earl's help and encouragement. There you will be able to order my book "**How to Golf Beginners Guide**" that Earl Woods wrote the foreword to. If you don't have Internet access and would like to order the book, send \$12.00 (price includes shipping) to:

JOE GROHMAN GOLF 1400 Harmony Lane Fullerton, CA 92831

Make a note if you'd like me to sign it, I'd be happy to. Please allow 2 weeks for delivery. Joe Grohman Golf is a not-for-profit company. Proceeds from sales of the book help support junior golf.

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PRO's CORNER

TOURNAMENT REPORT

It's been so long since I've been able to play in a tournament and do a tournament report for you that I'm holding the presses on this newsletter until I have a story! On September 3rd I'm playing in a Pro-Scratch regional

Black Gold

event at Black Gold Country Club in Yorba Linda. The top 4 teams qualify for the national Pro-Scratch event in Orlando later this year. Sponsored by Golf Week Magazine it teams a PGA Pro with a scratch handicap amateur partner in a best ball format. In a

Best Ball

best ball, each team member plays their own ball, the lowest score amongst the team counts as the team score on each hole. If I make a 3 and my partner makes a 4, our best ball score for that hole would be a 3 and counted as our team score for that hole. My playing partner is Andy Holder.

Navy Club Champion

He recently won his 3rd Navy Golf Course Club Championship in 4 years.

Tournament Report

I shot 69 on 4 birdies and an eagle and Andy had a birdie but we both bogied the same 3 holes and shot a best ball 68. 66 qualified, 64 won, 65 took 2nd. Obviously Andy wasn't on his game but he made the mistake of letting it affect his attitude and belief in his game, which was quite unusual. No matter what, enjoy this game!

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BOOK REVIEW

Excerpts and quotes from “Awaken the Giant Within” by Anthony Robbins. Although more detailed, amazingly similar to Earl and Tiger quotes and writings I’ve been sharing in this column of late. It’s great stuff kids so even if you don’t understand it just yet, hang on to this newsletter because in a few short years it might help you as adults. Behold the teachings of Anthony Robbins...

Concentration of power. Most people have no idea of the giant capacity we can immediately command when we focus all of our resources on mastering a single area of our lives. Controlled focus is like a laser beam that can cut through anything that seems to be stopping you. When we focus consistently on improvement in any area, we develop unique distinctions on how to make that area better. One reason so few of us achieve what we truly want is that we never direct our focus; we never concentrate our power. Most people dabble their way through life, never deciding to master anything in particular. In fact, I believe most people fail in life simply because they major in minor things.-Tony Robbins

“Life is either a daring adventure or nothing.” Helen Keller (Helen Keller was born blind, deaf and couldn’t speak. The kids at the junior blind clinic can hear and

speaking, imagine how much harder teaching them golf would be let alone their lives if they couldn’t and that gives you some idea of what Helen Keller was able to rise from in becoming one of the most phenomenal people in history.

Know that it’s your decisions and not your conditions that determine your destiny.

Six keys to help harness the power of decision.

1-remember the true power of making decisions. It’s a tool you can use in any moment to change your entire life. The minute you make a new decision, you set in motion a new cause, effect, direction and destination for your life. Remember a real decision is measured by taking new action, if there’s no action, you haven’t truly decided.

2-Realize that the hardest step in achieving anything is making a true commitment-a true decision. Carrying out your commitment is often much easier than the decision itself, so make your decisions intelligently but make them quickly.

3-Make decisions often, the more you make the better you’re going to get at making them. Unleash your power right now by making some decisions you’ve been putting off. You won’t believe the energy and excitement it will create in your life!

4-Learn from your decisions, don’t beat yourself up if you make a bad decision, learn and grow from the experience.

5-Stay committed to your decisions but stay flexible in your approach. What you want for your life may have alternate routes available down the road so don’t become rigid in your approach or map.

6-Enjoy making decisions. You must know that in any moment, a decision you make can change the course of your life forever. If you really want to be passionate, you need to live with this attitude of expectancy.

The truth is that we can learn to condition our minds, bodies and emotions to link pain or pleasure to whatever we choose. By changing what we link pain and pleasure to, we will instantly change our behaviors. With smoking for example, all you must do is link enough pain to smoking and enough pleasure to quitting. You have the ability to do this right now, but you might not exercise this capability because you’ve trained your body to link pleasure to smoking or you fear that stopping would be too painful. If you meet anyone who has stopped, you will find that this behavior changed in one day; the day they truly changed what smoking meant to them.

“The secret of success is learning how to use pain and pleasure instead of having pain and pleasure use you. If you do you’re in control of your life. If you don’t, life controls you.”T.R. Same for your golf game! Coach Joe.

IN MY OPINION

BY COACH JOE

Remembering 9/11

One of my dearest high school friends was walking her 3-month-old twins that morning. She saw her babies smile at the plane flying overhead, glanced up and looked back down to join in on the smiles. All she remembers is looking back down at faces now filled with terror. In the moment she took her eyes off the plane it slammed into the first tower, directly over her head. I can't imagine the millions of thoughts she had to process in that moment and be able to take action. Maybe maternal instinct took over. But one thing is certain, my friend ran for all 3 of their lives. They survived. She lived 2 blocks from ground zero. 14 close friends and neighbors that lived in her apartment building and worked at the WTC didn't. Her building was condemned and for weeks they couldn't go home. When they finally were allowed to it was only to get their belongings, everyone had to move. The courage this woman displayed that day and ever since is truly what America is all about. She ran in the heal New York marathon a few months after the tragedy and single-handedly raised \$251,000 for disaster relief. Another dear friend I've known for life works at the Pentagon. Every morning her Department had a closed circuit briefing between all her co-workers and superior officers. The Pentagon is so vast that it was unfeasible to get them into one room every

morning then off to their respective offices. On the morning of 9/11 the briefing was underway as usual. The same 13 co-workers that gave the briefings each morning were all there on screen when it suddenly went blank. In the next 10 days my friend went to 13 funerals.

Everyone was affected by 9/11 in some way. Before 9/11 I wanted to use what I learned from Tiger and Earl to create an internationally recognized junior golf facility. Now I want to use what I learned from them and others to make the world a better place. I want to live the dream of Dr. Martin Luther King. I want my kids, all my juniors and every kid in America to be able to live the dream. I want Americans to be able to take their children for a walk without fear or threat of terrorism. I would like people to put aside whatever organized religion they believe in and start believing in themselves and each other. I doubt God wants organized religion to be at the root of so much hate and violence in the world. Take away religion as the cloak for certain heinous actions and you see nothing more than man behaving like a vicious self-serving animal. I believe in God. I believe God works in mysterious ways. I had a near death experience 14 years ago. I've never admitted this but one of the answers given me before I was sent back was the secret of life. "Love each other." At the time, bathed in the blinding light

of pure love it made complete sense to me and seemed so obvious. Imagine someone you love. Now imagine feeling this way about every person you meet, see, read about or heard of. Even those you don't meet, know or ever see. Everybody. And they all feel the same way about you. People judge each other solely by the content of their character and everyone's character is loving... Yea I thought it was a hard sell too when I returned to my physical body. That's why it's taken 14 years, a tour of rock bottom and 9/11 to have the guts to tell the story. Well that and I figure Tiger is famous enough now that I can't embarrass him by calling it like I see it. But let's face it. Jerusalem is supposed to be religion's ground zero. Surely such sacred ground brings out the best in people from different religions. This didn't appear to be the case in a recent story I read. That's why I think it's important to put organized religion aside to "love each other". Like ethnicity, religion shouldn't be used to judge others no matter who you worship or how. And I know "love each other" is a stretch so for starters "be nice to each other" will work. And never stop believing in God, or whatever religion you practice. 9/11 teaches us to not use religion to judge others. God doesn't do hate or evil. Man does. God is Love, I was there. Love or be nice to each other, hate doesn't work.